

The Bonaventure Country Club

PLATED LUNCH MENU

Fresh Baked Rolls and Butter

Starters and Salads

(Please Select One)

Caesar Salad

Romaine Lettuce, Garlic Croutons, Parmesan Cheese, Our Homemade Dressing

Heirloom Tomatoes and Mozzarella

Fresh Basil and Balsamic Reduction

Garden House Salad

Mixed Greens, Black Olives, Cherry Tomatoes, Grated Carrots, Balsamic Vinaigrette

Arugula Salad

Dried Cranberries, Bleu Cheese Crumbles, Toasted Walnuts, Balsamic Vinaigrette

Crab Cakes

With Tomato Relish on a Bed of Sautéed Spinach, Garlic Aioli

Garden Greens with Raspberry Vinaigrette

*Mixed Greens, Sliced Mushrooms, Hearts of Palm, Homemade Croutons
Garnished with an Apple Wheel*

Spinach Salad

Fresh Spinach, Goat Cheese, Tomatoes, Smoked Bacon Drizzle, Lemon Vinaigrette

Sunburst Salad

Mixed Greens, Roasted Red Peppers, Cherry Tomatoes, Pralines, Balsamic Vinaigrette

Greek Salad

Traditional Greek Salad with Black Olives, Feta Cheese and Lemon Vinaigrette

Club Salad

Mixed Greens, Dried Cranberries, Toasted Almonds, Tomatoes and Citrus Vinaigrette

Entrees

(Please Select One)

Mediterranean Salmon

*Grilled Filet of Alaskan Salmon Topped with Tomatoes, Olives and Capers
Served with Wild Rice and Grilled Vegetables*

Roast Chicken Breast

Shiitake Cream Sauce, Sautéed Spinach, Potatoes Gratin

Tilapia Vera Cruz

Served with Roasted Potatoes and Grilled Vegetables

Char Grilled Mahi Mahi

Topped with Pico de Gallo, Served with Coconut Rice and Roasted Carrots

Baked or Steamed Lobster Tail

*Served with Chili, Saffron, Vanilla and Rum Sauce over Papaya Slaw
Tri-Color Orzo Risotto and Breaded Oyster Mushrooms*

Market Price

Grilled Churrasco with Chimichurri

Served with Congri Rice and Yucca Fries

Chicken Roulade with Prosciutto and Sun-Dried Tomato Pesto

Served with Sautéed Spinach and Mashed Potatoes

Grilled Salmon, Key-Lime Butter Sauce

Asparagus Bundles and Risotto Cakes

Sliced Tenderloin

Béarnaise Sauce, Honey Apple Glazed Carrots and a Tomato Polenta Gratin

Filet Mignon

Char grilled with a Cabernet Pepper Sauce, Wild Mushroom Risotto and Grilled Asparagus

5 oz

8 oz

Salad Entrees

(The following salads are served as the main entrée and Include Dessert)

Traditional Caesar Salad

*Romaine Hearts, Garlic Croutons, Parmesan Cheese, Our Homemade Dressing
Choice of One of the Following: Grilled Chicken or Shrimp*

Seafood Salad

*Shrimp and Scallops, Mango and Red Peppers
Served with a Ginger, Orange Honey Dressing*

Desserts

(Please Select One)

Mini Red Velvet Cake
German Chocolate Cake
Apple Pie
Key Lime Tart
Caramel Flan
Tiramisu
Bread Pudding with Pineapple Caramel Sauce
N.Y. Style Cheesecake or Strawberry Cheesecake
Fruit Tartlet
Double Chocolate Cake
Strawberries Sabayon
White and Dark Chocolate Mousse
Mango Mousse Tart
Bailey's Irish Cream Pudding Parfait with an Oatmeal Walnut Crunch

Coffee and Tea Service

Lunch Buffets

(Minimum of 20 people)

Deli Buffet

Please Choose (3) Sandwiches from the Following:

Turkey with Emmenthal Cheese and Garlic Aioli
Roast Beef and Havarti with Roasted Red Peppers
Ham and Smoked Gouda Cheese
Tuna Salad with Lettuce and Tomatoes
Chicken Salad with Lettuce and Tomato
Chicken, Spinach and Feta Cheese
Roasted Vegetables with Goat Cheese
Club Sandwich - Ham, Turkey, Swiss Cheese, Bacon, Lettuce and Tomato
All Sandwiches are Prepared on Assorted Artisan and Tortilla Breads

Please Choose (2) Salads from the Following:

Chicken Salad with Walnuts and Grapes
Mixed Greens Salad with Balsamic Vinaigrette
Tuna Fish Salad
Marconi Potato Salad
Caesar Salad
Tri Color Rotini Pasta Salad
Club Made Cookies and Brownies
Freshly Brewed Coffee, Tea and Decaffeinated Coffee

Hot Lunch Buffet

Includes the Following Salads:

Salad of Mixed Greens with a Selection of Dressings

Pasta Salad - Tomatoes, Onions, and Bell Peppers in a Creamy Dressing

Caesar Salad - Romaine Lettuce, Garlic Croutons, Parmesan Cheese, Our Homemade Dressing

Please Choose (3) Entrees

Teriyaki Salmon

Lemon Pepper Roast Chicken

Sliced London Broil with Port Wine Sauce

Tri-Color Cheese Tortellini with Alfredo Sauce

Chicken Francaise

Sliced Roast Pork Loin with Mojo

Blackened Tilapia

Ratatouille

Grilled Mahi Mahi Topped with a Black Olive Tapenade

Penne Marinara with Italian Sausage

Churrasco with Chimichurri Sauce

Sole Stuffed with Crab and Scallops, White Wine Sauce

Grilled Chicken Skewers with Avocado Sauce

Vegetable Lasagna

Please Choose (1) Starch and (1) Vegetable

Seasonal Medley of Vegetables

Green Beans Almondine

Steamed Parsley Potatoes

Garlic Mashed Potatoes

Rice Pilaf

Rosemary Red Bliss Potatoes

Glazed Carrots

Creamed Spinach

Chef's Dessert Table

Freshly Brewed Coffee, Tea and Decaffeinated Coffee

Prices Subject to 20% Service Charge and 6% State Sales Tax